



Stichting NIOC

Stichting NIOC en de NIOC kennisbank

Stichting NIOC (www.nioc.nl) stelt zich conform zijn statuten tot doel: het realiseren van congressen over informatica onderwijs en voorts al hetgeen met een en ander rechtstreeks of zijdelings verband houdt of daartoe bevorderlijk kan zijn, alles in de ruimste zin des woords.

De stichting NIOC neemt de archivering van de resultaten van de congressen voor zijn rekening. De website www.nioc.nl ontsluit onder "Eerdere congressen" de gearchiveerde websites van eerdere congressen. De vele afzonderlijke congresbijdragen zijn opgenomen in een kennisbank die via dezelfde website onder "NIOC kennisbank" ontsloten wordt.

Op dit moment bevat de NIOC kennisbank alle bijdragen, incl. die van het laatste congres (NIOC2025, gehouden op donderdag 27 maart 2025 jl. en georganiseerd door Hogeschool Windesheim). Bij elkaar zo'n 1500 bijdragen!

We roepen je op, na het lezen van het document dat door jou is gedownload, de auteur(s) feedback te geven. Dit kan door je te registreren als gebruiker van de NIOC kennisbank. Na registratie krijg je bericht hoe in te loggen op de NIOC kennisbank.

Het eerstvolgende NIOC vindt plaats in 2027 en wordt dan georganiseerd door HAN University of Applied Sciences. Zodra daarover meer informatie beschikbaar is, is deze hier te vinden.

Wil je op de hoogte blijven van de ontwikkeling rond Stichting NIOC en de NIOC kennisbank, schrijf je dan in op de nieuwsbrief via

www.nioc.nl/nioc-kennisbank/aanmelden-nieuwsbrief

Reacties over de NIOC kennisbank en de inhoud daarvan kun je richten aan de beheerder:

R. Smedinga kennisbank@nioc.nl.

Vermeld bij reacties jouw naam en telefoonnummer voor nader contact.

5. Gallery walk

what do you see?
How does it make
you feel? What
questions or
thoughts come to
mind?

Write your
question/thought
and leave the note
at the build.

DEBRIEF

6. Reflect on the session's learning goals

check off the ones you have worked on.

As a participant...

☐ ... I've practiced using pocket-sized bricks as a team coaching tool (see inside);

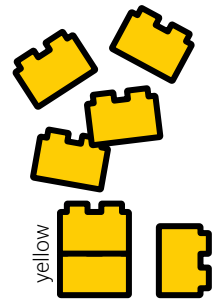
☐ ... I've practiced to be mindful while coaching and understand more about the brain science behind it;

7. What's one action you'll take based on today's learning?

Examples of emotions



MINDFUL
TEAMCOACHING
with BRICKS that'll
fit in your POCKET



Handout + Workshop © 2024-2025 by Swen-Peter Ekkebus and Marilia Falsetti is licensed under CC BY-NC-SA 4.0.



4. Silently write your observations

what was needed to connect?

2. Share your observations in pairs

notice similarities/ differences.

1. Silently write your observations what

do you see and feel?

What do you see? How does it make
you feel? What is it?

Remember: build metaphors!

3. What is something that stood out
in your conversation?

GOAL

Uncover unspoken team insights to enhance transparency.

SETUP

Sit around a table so everyone faces each other, within arm's reach.

MATERIALS

1x2 bricks (part 3004) in various colors, paper and pen, timer.

STEPS

1. **Introduction** (1 min): State purpose: *"We're doing a 30-minute exercise to reveal our team secrets that can make us stronger."*
2. Open container and place bricks in the center. *"Built in silence."*
3. **Warmup** (5 min): Build a gift in 2 minutes for your right-hand neighbor. Share it and explain it. Return bricks to the center. *"You're building metaphors"*.
4. **Build round 1** (2+4 min)
 - Build a model of your current team relationships in 2 minutes.
 - Builders explain their build in 1 minute, while listeners take notes on their observations.
5. **Reflection round 1** (2+4 min)
 - In pairs, discuss observations, and reach a conclusion.
 - Pairs share their conclusions, forming a shared team insight. Return bricks to the center.
6. **Build round 2** (2+4 min)
 - Build a model of your wish for the team's future in 2 minutes.
 - Builders explain their build in 1 minute, while listeners take notes on their observations.
7. **Reflection round 2** same steps as reflection round 1 (2+4 min)
8. As a team, agree on the next steps to take how to improve.

Reflective questions while facilitating the Team Exercise

1. What emotions came up during the building and sharing of your model?
2. If you take a step back and look at the whole, what stands out to you?
 - a. What are the similarities between the stories you have shared?
 - b. What are the differences in your constructions and stories? What can we learn from them?
3. What unexpected insights emerged during this exercise?
 - a. What qualities and skills of the team are reflected in the constructions?
 - b. What obstacles or challenges do you see in the constructions? How can we overcome them?
4. How does your construction relate to the team's overall vision or goals?

Alternative check-in / check-outs for two teams

1. Build the **highest tower** possible. Acceptance Test: Allow the other team to attempt to blow the tower down. The tallest tower that remains standing wins.
2. Build as many **flags** as possible in 1 minute. The other team should try to guess the country names for each flag created. Examples: *Armenia, Austria, Croatia, Estonia, France, Gabon, Germany, Hungary, Italy, Luxembourg, Netherlands, Paraguay, Russia, Serbia, Slovakia, Slovenia, Ukraine, Yemen.*

